



## Impulse Dual Lat Pull / Seated Row

### Key Features

- Dual function of Lat Pull-down and Seated Row offers various Lat exercises
- Supplied with extended Lat-pull Bar and Row Bar
- Detachable handles offer various rows and pulls, which target different muscle groups
- Adjustable thigh upholstery and fixed foot plate ensure users to take more weight
- Ideal machine for working the back (trapezius, rhomboids and latissimus dorsi), as well as shoulders and deltoids

### Range Features

- Dual function design ensures optimal use of space within your facility
- Part of an eight machine range which offers a comprehensive fixed resistance workout solution
- Instructional placards demonstrating exercise positions

Specification	
SKU	IF-PL9002
Weight	90.5kg + stack
Weight Stack	113kg
Width	1019mm
Length	1764mm
Height	2182mm
Colour	Silver with Grey Upholstery (Image for illustration only)

Warranty	
Structural Steel Framework	<b>Lifetime</b>
Rotary Bearings, Weight Stacks, Pulleys, Guide Rods, Structural Moving Parts	<b>2 Years</b>
Cable, linear bearings, springs	<b>1 Year</b>
Upholstery, Handgrips, All Other Items Not Listed	<b>6 Months</b>

