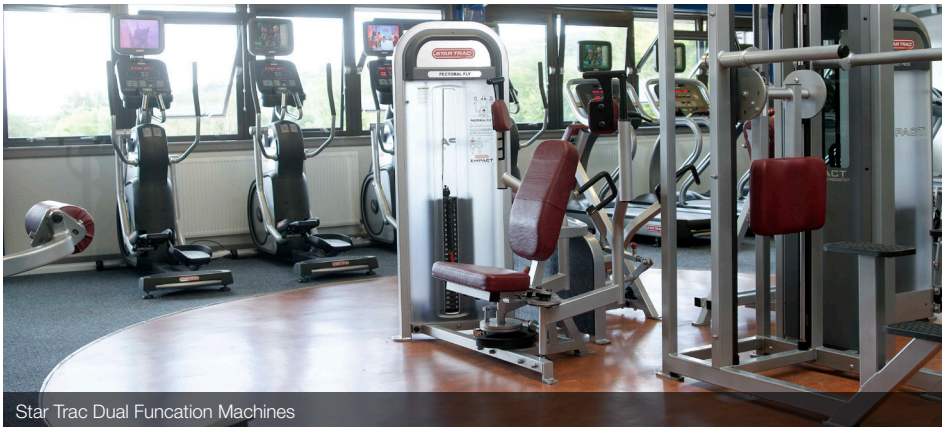


University of West of Scotland



The project with the University of the West of Scotland was to replace the majority of the existing equipment within the university gym, and look at a fresh new layout going forward. The concept was to bring the best and latest equipment to the university, while also offering a variety of workout options for students and members. With this in mind we worked on providing the option of entertainment screens on only some CV equipment throughout the range. The resistance equipment was Cybex VR1 dual range to allow flexibility for users within the space available.

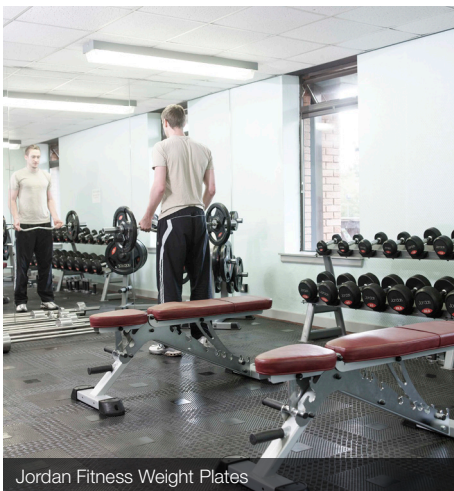
Warren from UWS & Suzanne, Anytime, had several meetings to discuss what pieces of equipment would remain on site, and which pieces would be replaced. We then began pulling together outline designs and various options. As part of the process we visited various sites which Anytime Leisure have supplied and designed for clients, and from the time spent trying various pieces of equipment, Warren decided on a combination of Star Trac & Cybex equipment - two of the leading brands in the fitness industry.



Star Trac Dual Function Machines



Jordan Fitness Free Weights



Jordan Fitness Weight Plates



State of the Art Cybex Cardiovascular Machines

Key Products

1. Cybex VR1 Dual Range
2. eSpinner
3. Jordan Fitness Weight Plates
4. Star Trac Max Rack
5. Concept 2 Rowers

The whole experience from initial consultation through to design layout, equipment range, installation, after sales has been exceptional and I would also say, flawless. The variation of the Star Trac CV equipment allows users to have the option to watch TV, use iPhones, and on the treadmills and eSpinner also be coached on a one to one basis by the Star Trac coach function. The movement on the Cybex machines shows the biomechanics are spot on, as soon as you start to use a machine you know which body part you are working.

Warren Brady, Leisure Manager, University of West of Scotland.